| | LUNDI | | MARDI | | MERCREDI | | JEUDI | | VENDREDI | | SAMEDI | | DIMANCHE | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | STUDIO DANCEFLOOR | STUDIO TRAINING | STUDIO DANCEFLOOR | STUDIO TRAINING | STUDIO DANCEFLOOR | STUDIO TRAINING | STUDIO DANCEFLOOR | STUDIO TRAINING | STUDIO DANCEFLOOR | STUDIO TRAINING | STUDIO DANCEFLOOR | STUDIO TRAINING | STUDIO DANCEFLOOR | STUDIO TRAINING |
| **9h-10h** | | | | | PILATESSENS | | | | | | | | | |
| | | | | | | | OPUS DANSE 13 | | | | | | | |
| **10h-11h** | | | | | | | | | | | | | | |
| | OPUS DANSE 13 | | | | | | | | | | | CROSSFIT GAIUS | | |
| **11h-12h** | | | | | | | | | | | | | | |
| | | | | | | | | | | | PILATESSENS | CROSSFIT GAIUS | | |
| **12h-13h** | | | | | | | | | | | | | | |
| | | CROSSFIT GAIUS | | CROSSFIT GAIUS | | CROSSFIT GAIUS | YOGA WITH LOUISA | CROSSFIT GAIUS | | CROSSFIT GAIUS | | | | |
| **13h-14h** | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| **14h-15h** | | | | | | | ZENWORLD | | MOÉ X STREET | | | | | |
| | | | | | NOVA HIP HOP | | | | | | | | | |
| **15h-16h** | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| **16h-17h** | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| **17h-18h** | | | | | | | | | | | | | | |
| | | | MOÉ X STREET | | | | | | | | | | | |
| **18h-19h** | AIX ZUMBA | CROSSFIT GAIUS | | | AIX ZUMBA | CROSSFIT GAIUS | TENAGA SILAT | CROSSFIT GAIUS | AIX ZUMBA | CROSSFIT GAIUS | | | | |
| | | | | CROSSFIT GAIUS | | | | | | | | | | |
| **19h-20h** | AIX ZUMBA | CROSSFIT GAIUS | AIX ZUMBA | | AIX ZUMBA | CROSSFIT GAIUS | AIX ZUMBA | CROSSFIT GAIUS | | CROSSFIT GAIUS | | | | |
| | | | | | | | | | | | | | | |
| **20h-21h** | TERPSICHORE (20h15-21h30) | CROSSFIT GAIUS | AIX ZUMBA | CROSSFIT GAIUS | NOVA HIP HOP | CROSSFIT GAIUS | AIX ZUMBA | CROSSFIT GAIUS | LES PROLÉGOMÈNES | | | | | |
| | | | | | | | | | | | | | | |
| **21h-22h** | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |